

Solutions

Exercise 2

Ben Holioake
25 Browns Ave
Greenvale

Dr A Beattie
45 Carrick Drive
Tullamarine
(12/03/2025)

Rx Calamine Lotion APF 23
Mitte 100 mL
Sig: Apply to rash prn

A. Beattie

Patient info: *Ben is an adult male who has a very itchy rash on his body.*

Examining the Prescription/Batch Records

- Name: of the product. If it's APF then also record which APF.
- Date of manufacture: Today. Date cannot be backdated.
- Product: Type of the product (ointment? cream?)
- Indication for use: Check prescription
- Source of formula: APF, AMH, Martindale ...
- Dosage check: especially needed if child

Batch

- Product name: same as the proforma
- Batch number is not applicable since we're making it for one person
- Ingredients: list all
- Use: what role does each ingredient play
- Formula: weight exactly written on your APF
- QD: quantity dispensed, how much you actually make
- Container: Light-resistant? air-tight? Clear?

Others

- Remember that you're counselling on the product AND active ingredient

Solution

Prescription Record

Date	Patient Name	Address	Prescription	Batch No.	Prescriber	Presc. No.	Dispenser
12/03/2025	Ben Holioake	25 Browns Ave, Greenvale	Calamine Lotion APF 23 (100 mL)	N/A	A Beattie	SHP010715-3	SH

Expiry: 28 days

Ingredient	Quantity	Purpose
Calamine	15 g	Anti-pruritic
ZnO	5 g	Skin protectant
Bentonite	3 g	Susp. agent
Na citrate	0.5 g	Preservative
Liquefied phenol	0.5 mL	Preservative
Glycerol	5 mL	Emollient
Water	to 100 mL	Vehicle/Diluent

Exercise 3: Osmolarity (Ratios of ions upon dissociation)

Moles of $\text{MgCl}_2 \cdot 6\text{H}_2\text{O}$:

$$n(\text{MgCl}_2 \cdot 6\text{H}_2\text{O}) = \frac{3.7\text{g}}{203.3\text{g mol}^{-1}} \approx 0.0182\text{mol}$$

Since MgCl_2 dissociates as follows:



Then,

$$\text{Osm}(\text{MgCl}_2 \cdot 6\text{H}_2\text{O}) = 0.0182\text{mol} \times 3 \approx 0.0546 \text{ osmol}$$

For KCl:

$$n(\text{KCl}) = \frac{3.0\text{g}}{74.6\text{g mol}^{-1}} \approx 0.0402\text{mol}$$

We know $\text{KCl} \rightarrow \text{K}^+ + \text{Cl}^-$, so:

$$\text{Osm}(\text{KCl}) = 0.0402\text{mol} \times 2 \approx 0.0804 \text{ osmol}$$

In total,

$$\begin{aligned} \sum \text{Osm} &:= \text{Osm}(\text{MgCl}_2 \cdot 6\text{H}_2\text{O}) + \text{Osm}(\text{KCl}) \\ &= 0.0546 \text{ osmol} + 0.0804 \text{ osmol} \\ &= 0.1349 \text{ osmol} \implies 135 \text{ mOsm} \end{aligned}$$

Exercise 4: Osmolarity

1. m of each salt:

$$\begin{aligned}m(\text{KH}_2\text{PO}_4) &= 0.908\text{g in } 100\text{mL} \\ &= 0.454\text{g in } 50\text{ mL}\end{aligned}$$

$$\begin{aligned}m(\text{Na}_2\text{HPO}_4 \cdot 12\text{H}_2\text{O}) &= 2.39\text{g in } 100\text{mL} \\ &= 1.195\text{g in } 50\text{ mL}\end{aligned}$$

2. Moles of each salt:

$$n(\text{KH}_2\text{PO}_4) = \frac{0.454\text{g}}{136\text{g mol}^{-1}} \approx 0.0033\text{mol}$$



$$\text{Osm}(\text{KH}_2\text{PO}_4) = 0.0033\text{mol} \times 2 \approx 0.0066\text{ osmol}$$

$$n(\text{Na}_2\text{HPO}_4 \cdot 12\text{H}_2\text{O}) = \frac{1.195\text{g}}{358\text{g mol}^{-1}} \approx 0.0033\text{mol}$$



$$\text{Osm}(\text{Na}_2\text{HPO}_4 \cdot 12\text{H}_2\text{O}) = 0.0033\text{mol} \times 3 \approx 0.0099 \text{ osmol}$$

In total,

$$\begin{aligned} \sum \text{Osm} &:= \text{Osm}(\text{KH}_2\text{PO}_4) + \text{Osm}(\text{Na}_2\text{HPO}_4 \cdot 12\text{H}_2\text{O}) \\ &= 0.0066 \text{ osmol} + 0.0099 \text{ osmol} \\ &= 0.0165 \text{ osmol} \implies 17 \text{ mOsm} \end{aligned}$$

Exercise 5: Equivalents (Charge of ion)

200 mL of soln, 5 mEq of Ca^{2+} per 5mL is equivalent to:

$$\frac{5 \text{ mEq}}{5 \text{ mL}} = 1 \text{ mEq/mL}$$

Thus, the total mEq in 200 mL is:

$$\begin{aligned} \text{mEq}_{\text{total}} &= 1 \text{ mEq/mL} \times 200 \text{ mL} \\ &= 200 \text{ mEq} \implies 0.200 \text{ Eq} \end{aligned}$$

Ca^{2+} has a valency of 2, so:

$$n(\text{Ca}^{2+}) = \frac{0.200 \text{ Eq}}{2 \text{ Eq mol}^{-1}} = 0.100 \text{ mol}$$

Because we have the hydrated salt, which dissociates as follows:



Each mole of $\text{CaCl}_2 \cdot 2\text{H}_2\text{O}$ gives 1 mole of Ca^{2+} ,

so $n(\text{Ca}^{2+}) \equiv n(\text{CaCl}_2 \cdot 2\text{H}_2\text{O})$.

Knowing we need 0.100 mol of $\text{CaCl}_2 \cdot 2\text{H}_2\text{O}$, and its MW is 147 g/mol, we can calculate the mass:

$$\begin{aligned} m(\text{CaCl}_2 \cdot 2\text{H}_2\text{O}) &:= n(\text{CaCl}_2 \cdot 2\text{H}_2\text{O}) \times MW(\text{CaCl}_2 \cdot 2\text{H}_2\text{O}) \\ &= 0.100 \text{ mol} \times 147 \text{ g mol}^{-1} \\ &\approx 14.7 \text{ g} \end{aligned}$$